



## PERSON CENTRED PRACTICE POLICY

Policy Code: 1101	PERSON CENTRED PRACTICE POLICY
-------------------	--------------------------------

### 1. Purpose

This policy governs the use of a person-centred approach. A person-centred approach ensures participants are at the centre of planning and decision making. This approach works with participants and other relevant stakeholders to identify their needs, aspirations and strengths and to develop plans with each person to achieve what is important to them now and into the future.

### 2. Scope

This policy applies to services and support delivered by all areas of CASS Disability Services (DS).

### 3. Policy Statement

CASS DS is committed to embracing a person-centred approach to all services and support delivered.

#### 3.1 Guiding Principles

The following guiding principles govern CASS DS Person-centred Approach.

1. Person is at the centre:  
The participants will be present and at the centre of decision making and planning that assists them to achieve their preferred lifestyle.
2. Personal Priorities and Strengths:  
Support will be provided to ensure services are responsive and personalised to each participant's needs, wants, aspirations and such supports build upon their strengths.
3. Partnerships:  
Family, friends, significant others and other service providers, who have a commitment to a better life for the participant, will be actively involved in the development and implementation of the person's plan, according to the wishes of the participant.
4. Support and Development of Staff:  
CASS DS will provide ongoing support and development to staff to ensure consistent quality outcomes are achieved for each participant.
5. Sustainable:  
The ongoing sustainability of a person-centred approach will be supported through continuous review and improvement, professional development, and exploring individual options for each person.



## CASS Group- Disability Services

### 4. Objectives

- Each person will be provided with the opportunity to communicate and achieve their personal goals and aspirations.
- CASS DS will establish clear procedures on how a person-centred approach will be embedded within the services.
- CASS DS will engage and empower staff to implement person-centred service delivery and support.
- Each participant will have a plan developed to guide the achievement of their needs, aspirations and wishes for their future, and this plan will build upon the strengths of the individual.
- Staff will be supported to understand and align with the values and behaviours of a person-centred approach.

Documents related to this policy	
Related Policies	Life Style planning Decision Making and Choice
Forms, record keeping or other organisational documents	<ul style="list-style-type: none"> <li>• One Page Profile</li> <li>• Participant's History</li> <li>• Lifestyle Individual Planning</li> </ul>

Reviewing and approving this policy		
Frequency	Person responsible	Approval
3 years	Unit Head	HAS & DS Committee

Policy review and version tracking			
Review	Date Approved	Approved by	Next Review due
Version 1	1 June 2014	HAS & DS Committee	31 May 2017
Version 2	29 May 2017	HAS & DS Committee	28 May 2020
Version 3	22 March 2019	HAS & DS Committee	22 March 2022
Version 4	18 March 2022	HAS & DS Committee	18 March 2025